

MY WEEKLY
grocery list

FRUIT

Empty space for listing fruits.

VEGETABLES

Empty space for listing vegetables.

PROTEIN

Empty space for listing protein sources.

DAIRY

Empty space for listing dairy products.

GRAINS

Empty space for listing grains.

NUTS/SEEDS

Empty space for listing nuts and seeds.

Simple Clarity Co.

MY WEEKLY *grocery list*

SEASONING

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HERB

--

BEVERAGES

--

CONDIMENTS

--

SNACKS

--

HOUSEHOLD

--

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